

Accrington Academy

POOL PROGRAMME

From September 2026



Monday

06:30-08:30 Lane Swim
09:30-14:45 School Swimming
16:00-18:00 Lane Swim
18:00-19:00 Swim Fit
19:00-21:00 Otters Swimming Club

Tuesday

06:30-08:30 Lane Swim
09:15-14:45 School Swimming
16:00-19:00 General Swim*
19:00-21:00 Otters Swimming Club

Wednesday

06:15-07:15 Swim Fit
06:30-08:30 Lane Swim
09:00-15:00 School Swimming
16:00-19:00 Lane Swim
18:30-21:00 Otters Swimming Club

Thursday

06:30-08:30 Lane Swim
09:15-14:30 School Swimming
16:00-19:00 General Swim*
19:00-20:00 Aquacize
19:00-20:00 Lane Swim

Friday

06:15-07:15 Swim Fit
06:30-08:30 Lane Swim
09:30-14:45 School Swimming
16:00-19:00 General Swim*
18:30-21:00 Otters Swimming Club

Saturday

08:00-12:00 Lane Swim
12:00-14:00 Otters Swimming Club

Sunday

08:00-12:00 General Swim*
12.30-16:00 Bahja Initiative

** All general swims will have 2 lanes provided for those wishing to still swim lengths.*

Swimming Lessons run at the following times:

Monday: 5.15pm-6pm
Tuesday: 5pm-7pm
Wednesday: 4pm-6.30pm
Friday 4pm-6.30pm
Saturday: 9am-12pm

Swimming Pool Ratios:

Children aged 0-3 must be accompanied by a responsible adult on a 1 adult 1 child basis.
Children aged 4-7 must be accompanied by a responsible adult on a 1 adult 2 children basis.
Competent children aged 8 years and over may swim without adult supervision.

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